

Adult Education Services

NMSU-Alamogordo (575)439-3600 alamogordo.nmsu.edu
PACE at NMSU-A (575) 439-3812 Group & individual prep for diploma equivalency exams; ESL; college prep.

Blind & Visually Impaired support

NM School for Blind & Visually Impaired
 1900 N. White Sands, Alamogordo (575) 437-3505
NM Commission for the Blind
 408 N. White Sands, Alamogordo (575) 437-0401
Vision Loss Support Group email: 4lorenzo@gmail.com
Vision needs/ eye-glasses Lions Kid Sight (575) 525-5631

Breastfeeding Support

CHRISTUS Southern NM hospital (575) 443-7652
WIC (575) 437-9093

Car Seats

APD Car Seat clinic once per month (575) 439-4325 x136
Ben Archer (575) 443-8133 Welcome Baby program
Families First (505) 660-7694
Safer NM car seat questions (505) 856-6143

Childbirth & Parenting Education

Ben Archer - Welcome Baby (575) 443-8133
CHRISTUS OB Floor (575) 443-7640
Circle of Security Blue Sky Counseling (575) 214-2886
Dandelion Birth & Beyond doula (575) 201-3137
Families First cell (505) 660-7694; office (575) 437-9340
Lincoln Co MC OB Floor (575) 257-8275 x 6
New Parent Support at HAFB (575) 572-5678
NM Doulas (575) 495-2545 nmdoulas@gmail.com
Positive Indian Parenting in Mescalero
 contact mrice@mescaleroapachetribe.com
Pregnancy Resources Plus – (575) 434-5525

Counseling & Support

988 – text, call or chat online **24/7 Lifeline** for Emotional, mental or substance use crisis support
5-Actions nm5actions.com free online self-paced, *Self-guided Roadmap to Healing Addiction*
Blue Sky Counseling (575) 214-2886; and **Circle of Security**
brighter-days-alamogordo.org C. Kasbohm (575) 489-6171
CHINS – children’s counseling (575) 434-3011
CHRISTUS Behavioral Medicine Outpatient (575) 446-5300
Counseling Center 1900 10th Street (575) 488-2500
 Counseling, Substance Use Counseling, Overdose Prevention, DWI School, Family Support Services
HOPE resource of Alamogordo Public Schools
 (575) 430-0191 alamogordoschools.org/page/hope
Margaret Wood, Psychiatric Mental Health NP
 1211 10th Street, Suite 8 (575) 415-4402
MaryEllen Agolia, PhD, DSS telehealth (575) 430-4115
NM CRISIS 855 662-7474. **NM Connect APP** or
 Text 855-466-7100, TTY 855-227-5485
Open Minds Healing & Recovery (575) 489-4616

Counseling, continued

Pawsitively Transformational Health & Wellness
 (575) 208-6364 info@pawsitivelytransformational.com
 Group therapy; LGBTQ support
PMS Behavioral Health 2360 Indian Wells (575) 437-7404
Sexual Assault Exam (SANE) Hotline (575) 430-9485
Sexual Assault Victim Advocacy Program – serving victims with an IDD diagnosis. (505) 883 4630
Thriving Minds 906 Virginia Ave STE B (575) 415-4950

Diabetes Education

American Diabetes Assoc 800-232-3472
CHRISTUS Diabetes & Nutrition Services (575) 446-5085
Diabetes Education (575) 437-0231 Otero Cooperative
 Extension Services pathstohealthnm.org
Diabetes Management
Dr. Lancaster – CHRISTUS, 2579 N Scenic (575) 446-5100
VDex – 916 N. White Sands (575) 488-2720

Disability Resources

Aging & Disability Resource Center 800-432-2080
Alzheimer’s support alz.org/newmexico 800-272-3900
Independent Living Resource Center 1300 E. 9th St.
 (575) 439-1112 v/tty; Advocacy for persons with Disabilities, Medicaid Assisted Services Program

Domestic Violence Support

Child Protective Services hotline #7233 from cell phone
COPE Hotline 24-hour hotline (575) 437-2673
 909 S Florida, Alamogordo office (575) 434-3622
COPE 700 Mechem Suite 8, Ruidoso (575) 258-1064
NM Coalition Against Domestic Violence
 Albuquerque - statewide (505) 246-9240

Early Intervention & Special Needs

Behavior Change Institute (575) 415-1249
HeadStart programs:
Alamogordo (575) 434-6313
Chaparral (575) 824-4197
La Luz (575) 437-4485
Mescalero Apache Early Childhood (575) 464-9328
Tularosa (575) 585-4818
NM Caregivers in Action (575) 491-3188
chinda2001@aol.com
OCADD Otero Advocates for DD (575) 921-2193
Parents Reaching Out statewide 800-524-5176
Zia Therapy Center 900 1st Street (575) 439-4900
 Preschool; DD services; respite; early Intervention
ziatherapy.org

Healthcare Assistance

Community Connections at CHRISTUS (575) 446-5771
 Patient support, resources navigation
Health Insur exchange 833-862-3935 www.bewellnm.com
Otero Co. Health Services 1101 New York (575) 437-7427
 Uninsured. Disposition of indigent deceased persons.

Help & Hotlines

In a crisis, call or text 988

12th Judicial Victim Assist. (575) 437-3640
Adult Protective Services 866-654-3219
Agora Crisis Ctr. (505) 277-3013
CDC AIDS Hotline 800-232-4636
COPE Crisis Line Domestic Abuse local (575) 437-2673
CYFD Child Protective Svcs. 855-333-7233 or #7233
naminewmexico.org in crisis text NAMI 741-741
National Child Abuse Hotline 800-422-4453
National Poison Control 800-222-1222
National Sexual Assault Hotline: 800-656-4673
NM Child Support help line 800-288-7207
NM Crisis & Access Line 855-662-7474
NM Legal Aid 833-545-4357
NM Peer warm line 855-466-7100
PMS Behavioral Health (575) 437-7404
Sexual Assault Nurse Exam Hotline local (575) 430-9485

Hospitals

CHRISTUS Southern NM 2669 Scenic Dr. (575) 439-6100
Lincoln Co Med Ctr 211 Sudderth, Ruidoso (575) 257-8200

Housing Assistance

Habitat for Humanity 1109 10th St (575) 437-6562
Housing Authority 104 Avenida Amigos (575) 437-5621
HUD voucher program, (575) 622-0881
Las Rosas, 1513 Fairview, Tularosa (575) 585-9848
Mescalero Apache Housing Department (575) 464-9235
Villa De Tularosa 1205 Monte Vista Tular. (575) 585-2859
Weatherization Assistance Program (575) 523-1639 or
800-657-8967 swnm.org

Inpatient Behavioral Health

CHRISTUS Behavioral Medicine Inpatient (575) 446-5310
[Las Cruces Recovery Center | New Mexico Addiction Treatment Program](http://LasCrucesRecoveryCenter.com) (575) 825-7222
Mesilla Valley Hospital 800-877-3500 Las Cruces, NM
Supports addiction recovery
Peak Behavioral Health 888-289-0392 Santa Teresa, NM

Legal Support & Referrals

NM Legal Aid 833-545-4357
Self Help legal walk-in at County Courthouse, 1000 New
York Ave, 2nd floor. (575) 437-7310 x 146 or 147

LGBTQ+ Support Sites

healplusnm.org
Pawsitively Transformational Wellness (575) 208-6364
pflag.org
thetrevorproject.org/get-help

Materials or Financial Assistance

Income Support Division 2000 Juniper (575) 437-9260 Or
800-826-4468 yes.nm.gov
snmcac.com/programs-services
Love INC 1106 Ohio Ave (575) 439-5683 by appointment.
Clothes; furniture; PNM fund; food

Materials, continued

Paula's Amazing Grace (575) 415-1388 household items
Runners Refuge 601 Delaware (575) 404-0528.
Meals, laundry, showers, hygiene products
Salvation Army 1900 E. 1st St (575) 443-0845. Mon.-Thurs.
Household items, food, clothes, bus pass.
Southeastern Community Action 908 Adams Ave.
(575) 689-7689 Rent, mortgage, utilities, prescriptions.

Medicaid Dentists

Ben Archer Medical Center (575) 443-8133
Kids Kare (575) 439-5439
Smiles Forever We Care (575) 437-8994

Medication for Opioid Use Disorder

CHRISTUS Behavioral Medicine (575) 446-5300
Major Consult Clinic (575) 437-2575
NMDOH pathwaysnm.org MOUD (575) 437-9340 x 4
Renew Health (575) 213-6070
renewhealth.com/location/alamogordo-nm

Nurse Advice & MCO Lines

Medicaid Member Services:
BCBS 866-689-1523
Molina 844-862-4543
Presbyterian 888-977-2333
United 877-236-0826
Native-Led Resources: nmnativeledorgs.com
NM Dept of Health Helpline 833-796-8773
Presbyterian 888-730-2300
UNM 24-hour: 877-925-6877

Other Services

Baby's First Wish Newsletter (575) 437-0231
Lost Medicaid card 888-997-2583
NM Workforce Connection 901 Alaska Ave (575) 437-9210
Question Persuade Refer (QPR) Suicide prevention class
(575) 888-3922
Reintegration After Incarceration Support
Wings For LIFE International
Las Cruces, Albuquerque, & Farmington, NM
(505) 226-4359 <https://www.wingsFLI.org/>
Social Security Admin 866-563-9294 or 800-772-1213
USDA Family Housing Programs (buy, build, or repair)
<https://www.rd.usda.gov/programs-services/single-family-housing-programs>

Pediatrics care

Ben Archer Medical Center 2150 S. Hwy 54, Alamogordo
(575) 443-8133
Dr. Moezzi, Dr. Banikarim (575) 443-0339
Pediatrics of Alamogordo - CHRISTUS
2559 Medical Drive, Suite D (575) 446-5650
Presbyterian Medical Services
Alamogordo 1501 E. 10th Street (575) 434-2960
Cloudcroft James Canyon, Hwy 82 (575) 682-2542
Tularosa 111 Central Avenue (575) 585-1250
Chaparral 204 Angelina Boulevard (575) 824-8100
White Mountain Medical Ruidoso (575) 630-8350

Pre-natal Care

Ben Archer Medical Center 2150 Hwy 54 (575) 443-8133,
Pregnancy Resources Plus 108 Cottonwood
(575) 434-5525 Tests, Limited Sonograms, Pregnancy
Verifications for Medicaid; classes and workshops
Women's Health Center 2559 Medical Dr (575) 446-5385

Public Health Services

Otero County Health Office (575) 437-9340
1207 E. 8th St. Closed 12-1 for lunch daily

- **Women, Infant, Children Food Supplement (WIC)**
- **Family Planning, STD testing; immunizations**
- **Children's Medical Services;**
- **Breast & cervical cancer screening for uninsured**
- **Birth certificates Mondays only 9-4, closed for lunch**
- **Harm Reduction** (575) 437-9340 x 4

WIC - Alamogordo (575) 437-9093 Open M - F 8 - 5

WIC - Holloman (575) 572-7369, call for times

WIC - Mescalero (575) 437-9093 call for times

WIC - Chaparral (575) 824-4701

Families First cell (505) 660-7694; office (575) 437-9340 x 6

Live Vape Free text vapefree to 873373

NM Dept of Health Helpline 833-796-8773

NUPAC Tobacco Quit Line 800-784-8669

Southwest Pathways medication for opioid use disorder
(MOUD) (575) 437-9340 x 4 pathwaysnm.org

Senior Centers & Senior Meals

Alamogordo Senior Ctr 2201 Puerto Rico (575) 439-4150
Information, Meals on Wheels, fitness classes

Commodity Supplemental Food for Seniors (CSFP)
575-622-8700 Alamogordo, Tularosa & Mescalero. Age 60+.
sharenm.org/csfp-loaves-fishes/food-pantry

Sacramento Mtns Sr. Ctr, three sites (575) 682-3022

Tularosa Senior Center 35 Radio Road (575) 585-4532

Sliding Scale Clinics / Federally Qualified Health Centers

Ben Archer Medical Center 2150 Hwy 54 (575) 443-8133
Presbyterian Medical Services (PMS) clinics:
Alamogordo 1501 E. 10th St (575) 434-2960
Cloudcroft Hwy 82, west end of town (575) 682-2542
Tularosa 111 Central Avenue (575) 585-1250

Support Groups

In crisis call, text or chat 988

AA & NA -find groups throughout NM:
nm-aa.org or text/ call (575) 430-9502.
narcotics.com/na-meetings

Alcoholics Anonymous (575) 430-9502

Counseling Center 1900 10th Street (575) 488-2500

Dementia Caregiver Support Group @ CHRISTUS
every 3rd Wednesday at 2pm **Gay Straight Alliance @**

AHS (575) 812-6500

Grief Support Group @ Bethel Baptist; (575) 437-7311

NAMI Family Support nami-snm.org

Post-partum support (915) 637-6114

Survivors of Suicide athena@athenahuckaby.com

Support & Safety for Children

Big Brothers Big Sisters (575) 708-0716 mentoring
Child Care Assistance - nmececd.org
Children Youth Families Department (CYFD)
(575) 434-5950 Adoption, foster, counseling, day care,
referrals. Protective services.
CHINS Children and family counseling (575) 434-3011

Tobacco Cessation Support

NUPAC Quitline 800-784-8669 nupacnm.com
Quitting tobacco Native Americans support aiquitline.com
Vaping: teens & young adults Quitline livevapefreenm.com

Transportation Services

Blue Cross & Blue Shield patients: 866-418-9829. TTY
866-288-3133

NM Medicaid patients: **Shuttle Ruidoso** 877-903-7483
shuttleruidoso.com

Z-Trans bus ztrans.org (575) 439-4971 Bus, Para Transit
door-to-door

Veterans' Supports

Department of Veterans' services
411 Tenth St. room 107 (575) 437-4635

VA Primary Care Clinic – Alamogordo
In White Sands Mall (575) 437-9195

Veteran's housing assistance:
Operation Homefront 877-264-3968,

operationhomefront.org/
(call for availability of funds)

Lowe's Home Improvement (575) 442-4000
Home Depot (575) 443-8015

VA Homeless Programs 877-424-3838

VA.gov/homeless/hud-vash.asp

Veteran's Integration Center:
nmvic.org (575) 551-6659

For more specific lists, see the following:

- **Community Mental Health Guide** from Alamogordo
Public schools (575) 430-0191
- **Food Guides** from Cooperative Extension Office
oteroextension.nmsu.edu/health/food.html
- **100% Otero** [tenvitalservicesnm.org/otero-choose-
service](http://tenvitalservicesnm.org/otero-choose-service)
- **Share NM Resource List** sharenm.org/
- **Housing Resource List**, call Maureen (575) 888-3922
to request paper or electronic copy.

To update info on this list, or request it by email:
(575) 888-3922 or maureen.schmittle@doh.NM.gov